GUARDIAN ANGEL CHILDREN'S PRAYER BOOK

AN INTRODUCTION TO THE DIVINE LITURGY AND PRAYERS FOR THE YOUNG CHILD

BY FR. T. LOZYNSKY

ILLUSTRATED BY YAROSLAVA

OFFICE OF RELIGIOUS EDUCATION
ST. DEMETRIUS UKRAINIAN CATHOLIC CHURCH
TORONTO
1981

IMPRIMATUR
No. 12/81

†Isidore Borecky
Eparch of Toronto
October 16, 1981

PATRONS

Knights of Columbus
(Sheptytsky Council)
–5079–
Toronto, Ontario, Canada

St. Sophia Religious Association
of Ukrainian Catholics in Canada

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PUBLISHED BY

Office of Religious Education and
St. Demetrius Ukrainian Catholic Church
135 La Rose Avenue
Weston, Ontario, Canada M9P 1A6

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Printed and bound in Canada

Second Printing July, 1984

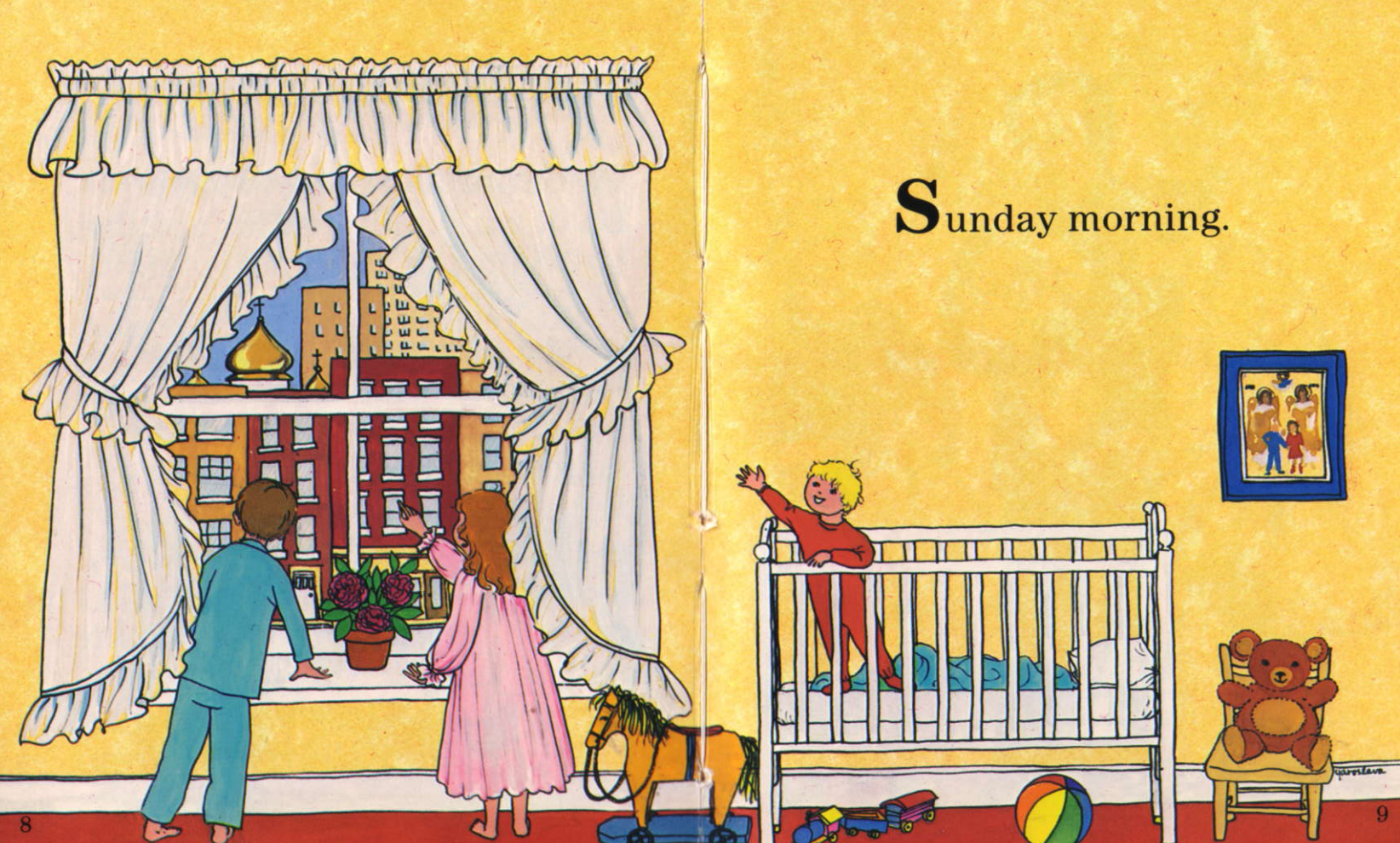
CONTENTS

Divine Liturgy 8
Blessings 86
Christian Greetings 92
Prayers 94
Holy Days 108
Holy Mysteries 138

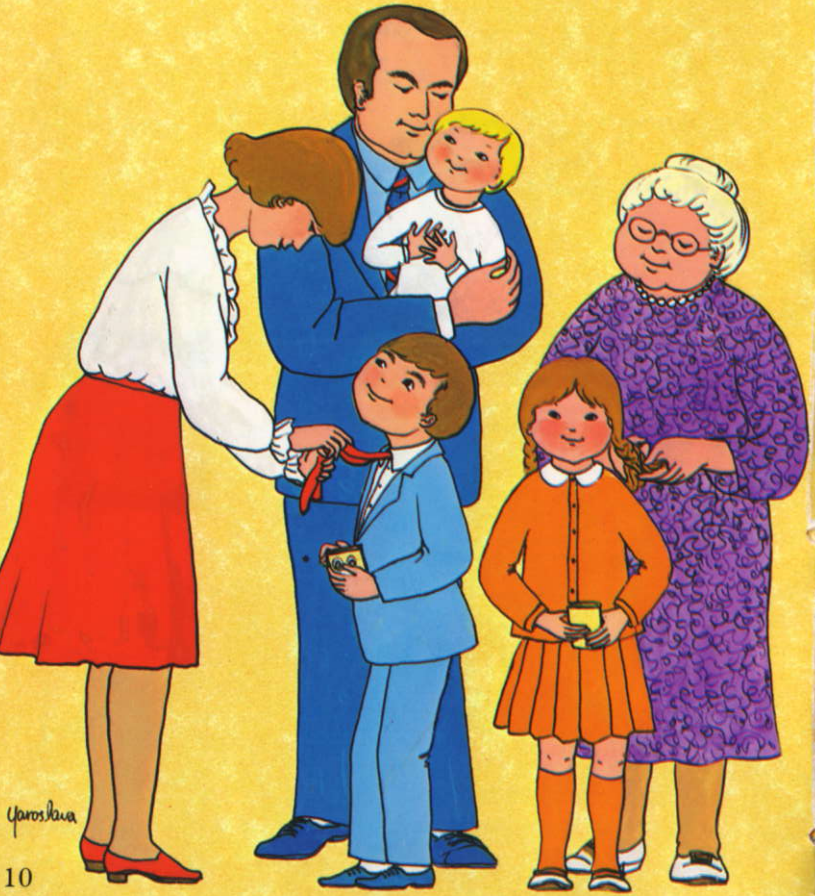
The Guardian Angel Prayer Book
is dedicated to
Right Reverend John Tataryn,
Pastor of St. Demetrius Ukrainian
Catholic Church, Toronto, Ontario
for his loving support of
religious education.

INTRODUCTION

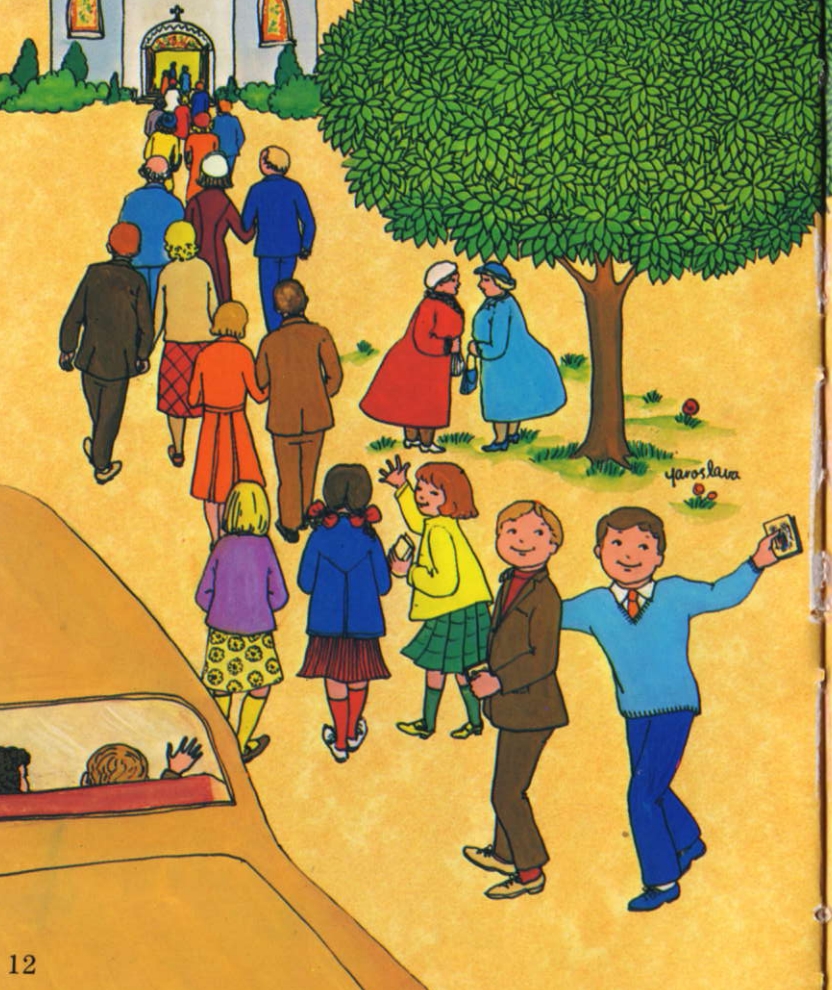
The Guardian Angel Prayer Book was compiled for children between the ages of five and nine. With loving guidance from a concerned parent or significant adult, the child will be able to recognize the majesty of the Divine Liturgy. Reading the prayers and explanations of the holy days, looking at the beautiful icons and colorful illustrations, he or she will be led to experience the goodness and love that God our Father has for all His children.



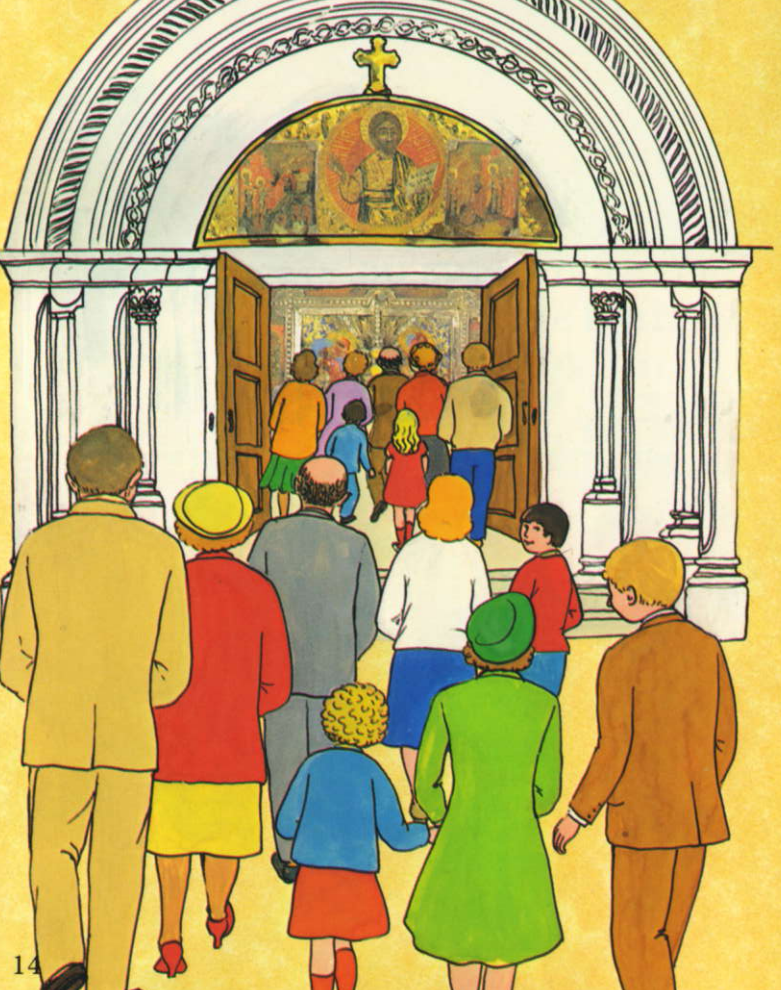
Sunday morning.



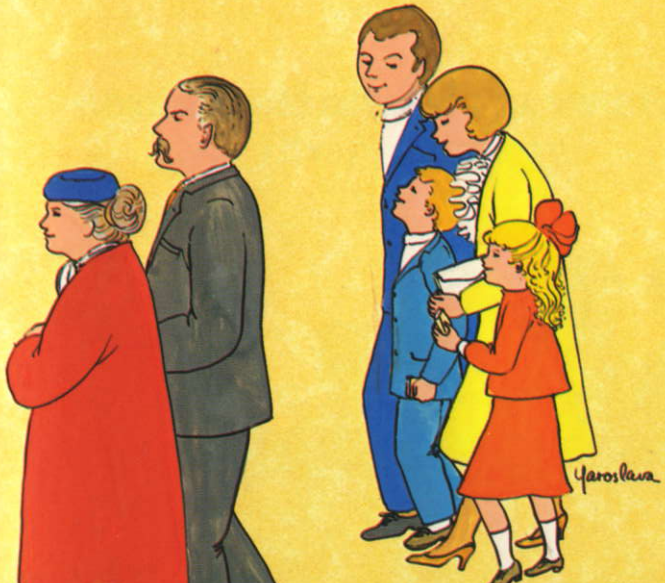
Sunday is a special day.



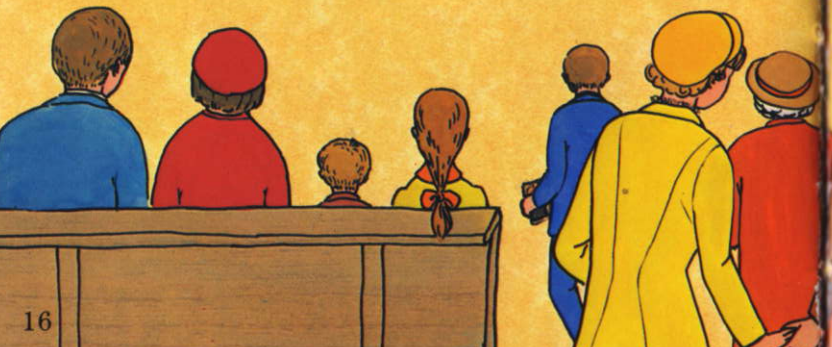
God invites us to gather
in a special place,
our church.



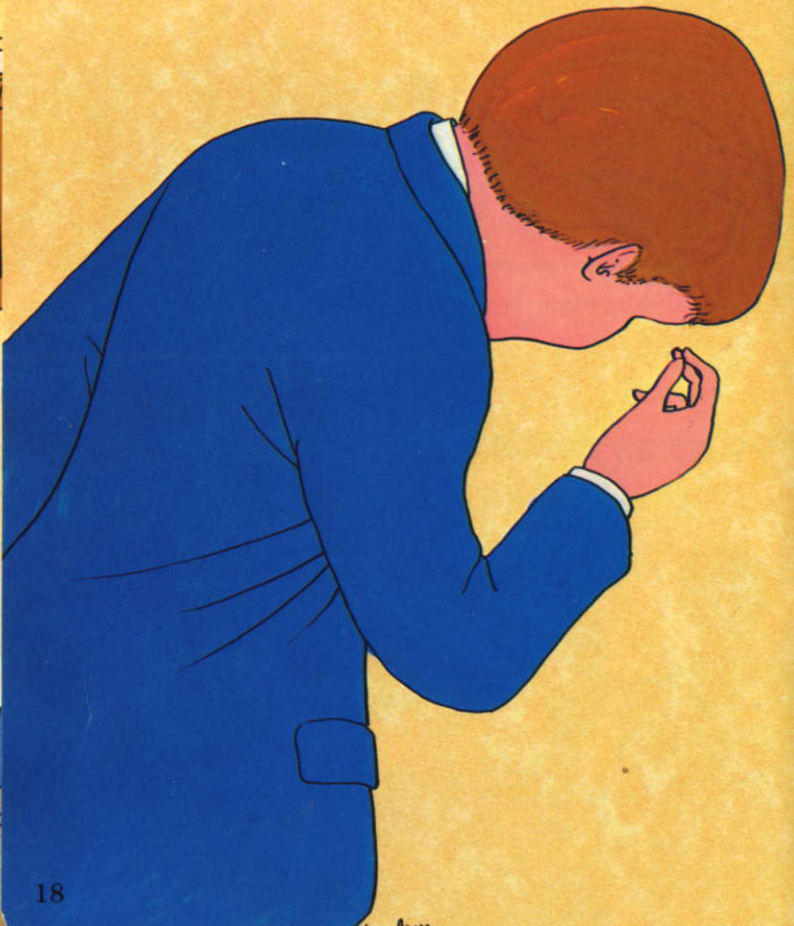
We are God's family.
When we come together
to worship God,
we are called His Church.



As we come into the church



Father is getting ready to celebrate the Divine Liturgy.

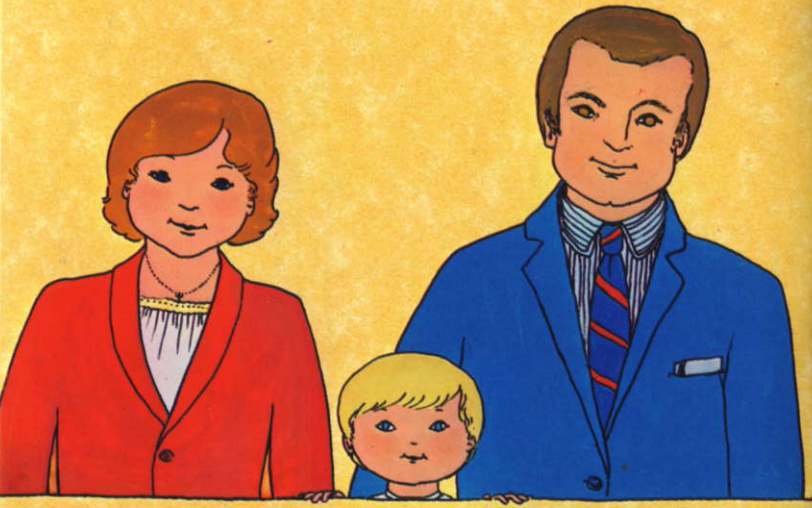


We make a bow
before the holy altar.

We kiss the
holy icons–

light a candle–

and prepare for the celebration



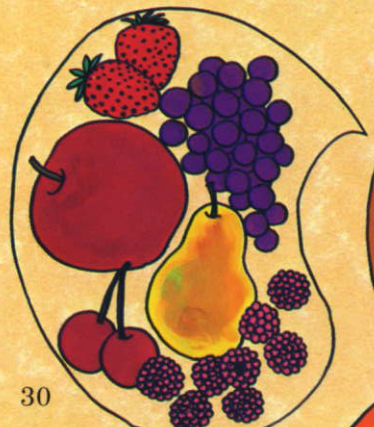
of the Divine Liturgy.

Father has prepared
our gifts of bread
and wine.

The bread stands for each of us
and everyone in God's world.

"Blessed is the Kingdom
of the Father
and of the Son
and of the Holy Spirit..."

When we celebrate
the Divine Liturgy,
we enter into
the Kingdom of God.



We pray
for God's family
and for all
good things
in the world.

*"Let us pray
to the Lord."*

"Lord, have mercy."

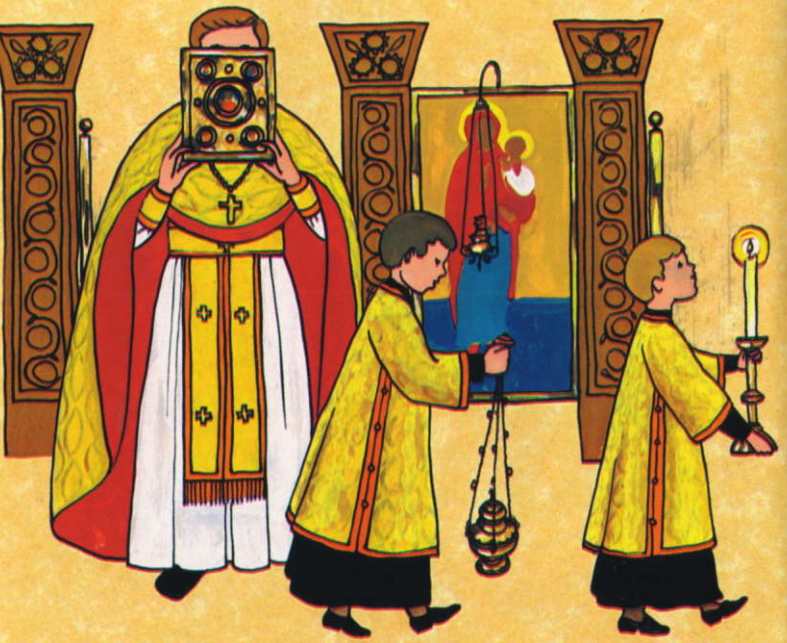
Happy people sing.
The songs we sing
during the Divine Liturgy
are called "Songs of Praise."

"*Bless the Lord, O my soul!*
Bless His Holy Name!"

"Only begotten Son
and Word of God..."

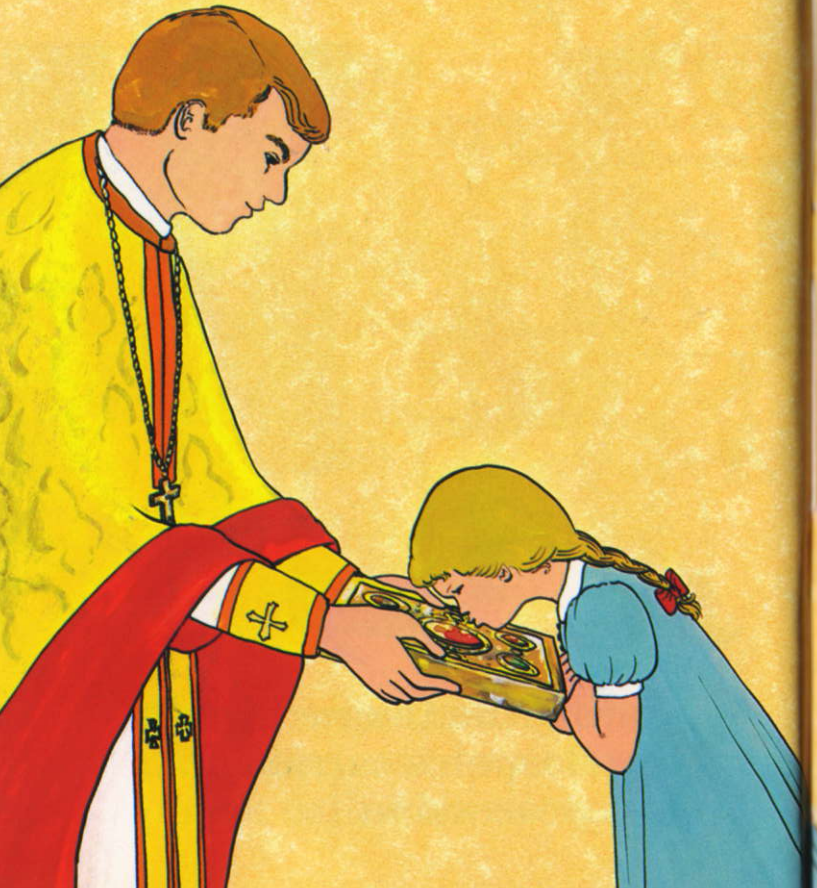
This song tells us
that Jesus is God.
He came to live in the world.
He died for us.
But because He is God,
He came back to life again–
He rose from the dead!
He is one with the Father
and the Holy Spirit.

Jesus told us of
special ways (Beatitudes)
which help us
to live with God
and find happiness.
We sing "*The Beatitudes*"
to remind us
how we should live.



Many things that we know about Jesus are written in a book called the Gospel.

During the Divine Liturgy the Gospel is carried in a procession.



We kiss the Gospel
because we love Jesus
and want to show
our love for Him.

"*Christ is among us!*"

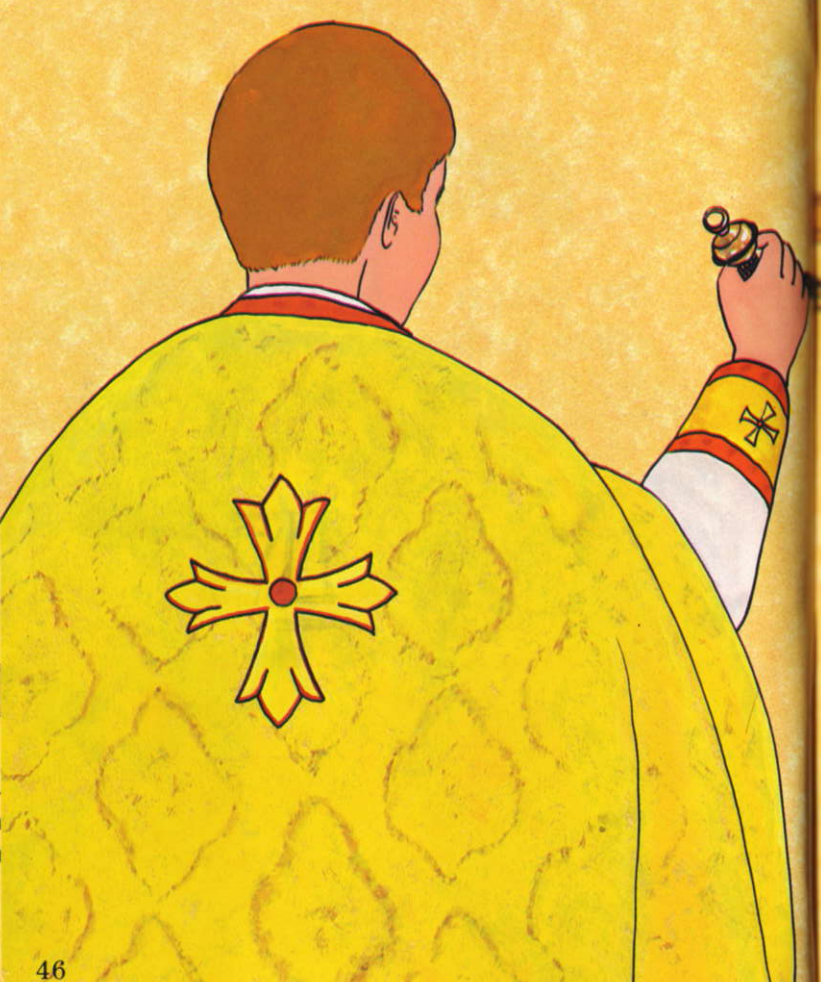
"*He is and He will be!*"

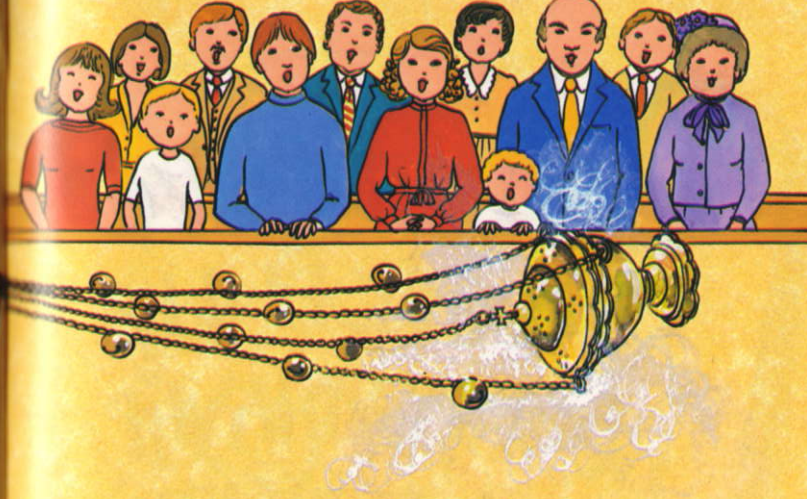
We sing the song
that the angels sing
who are always with God,

"Holy God! Holy Mighty One!
Holy Immortal One!
Have mercy on us!"

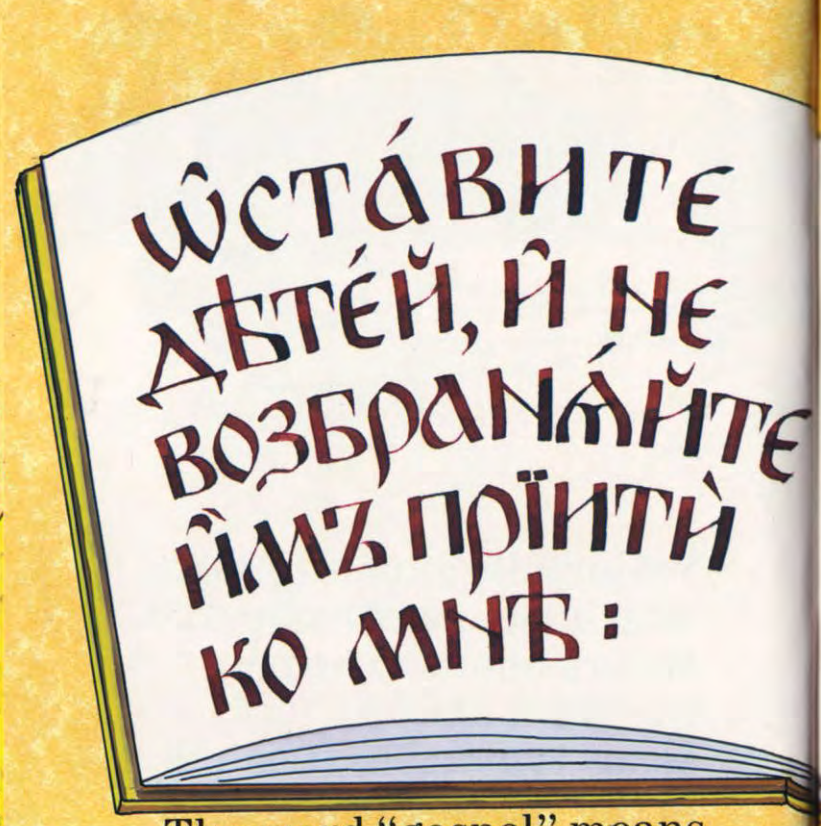
We listen to a reading
from letters written
by friends of Jesus
to the first Christian
communities.

These letters are called
Epistles.

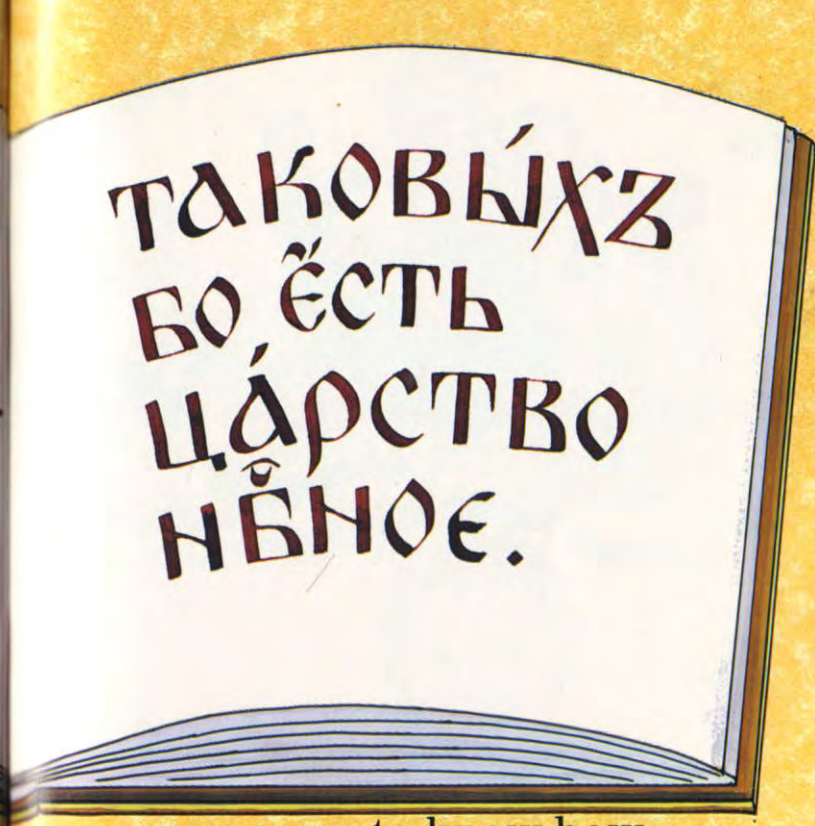




We joyfully sing "*Alleluia*,"
which means "*Praise God*."
We are about to hear
the Word of God.
Jesus is going to speak to us
in the reading from the
Gospel.

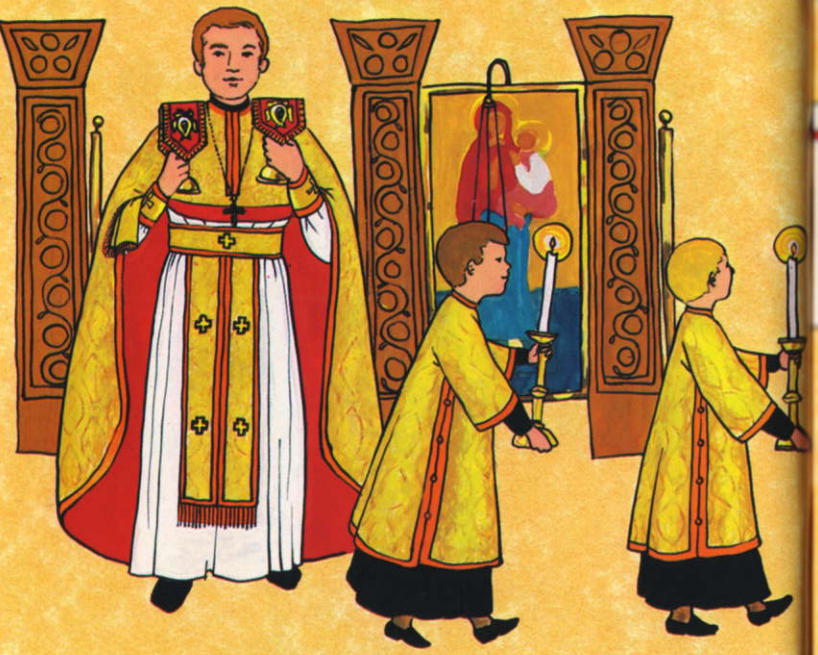


The word "gospel" means
"good news." As we listen
to a reading from the Gospel,

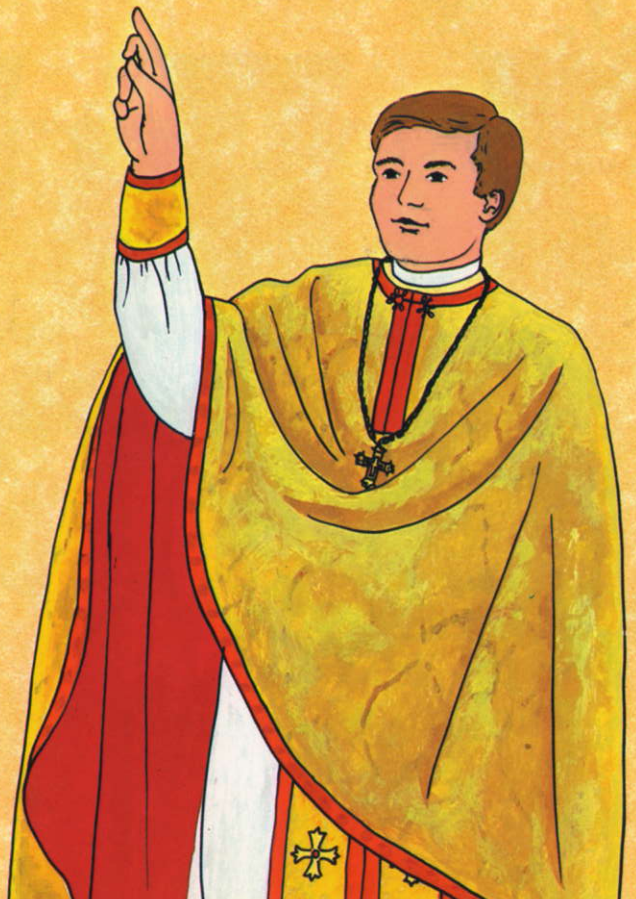


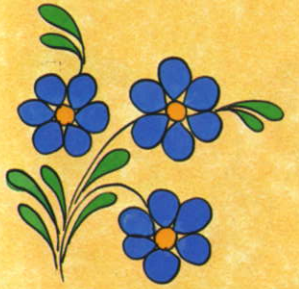
we come to know how
Jesus lived and how
He wants us to live.

Father tells us how
we can come to know Jesus
more and more so that
we can love Him
more and more.



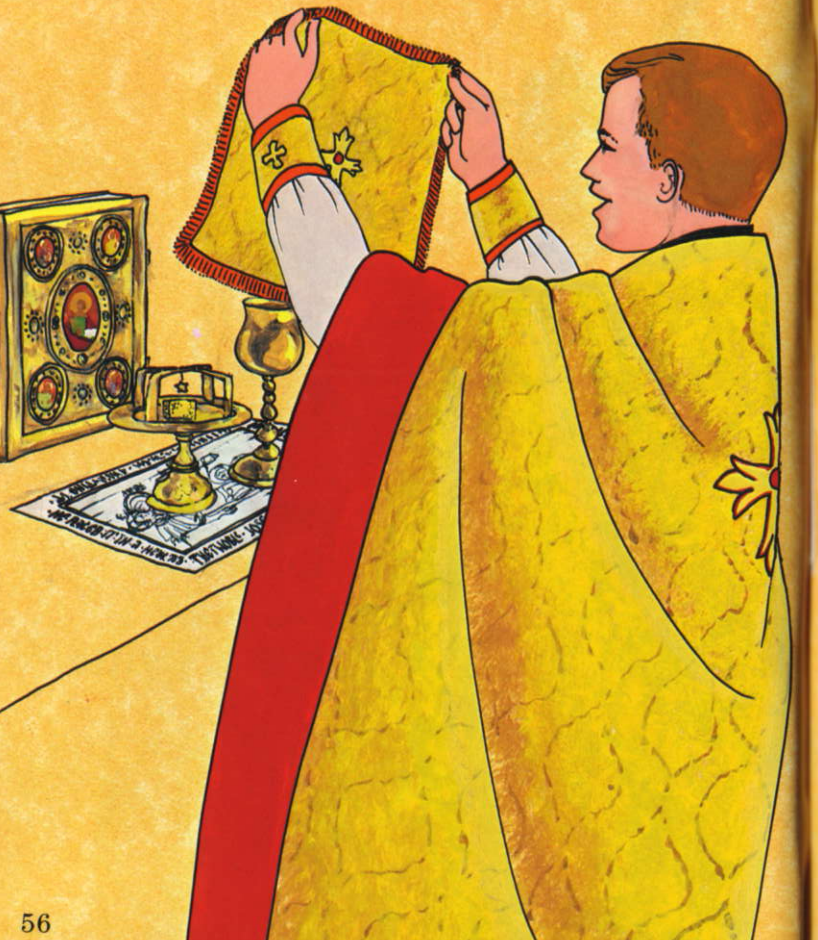
Father carries the gifts
of bread and wine
to the altar table.
The gifts will become
the body and blood
of Jesus Christ.





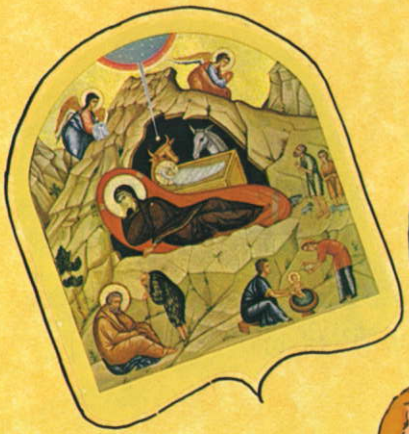
"Peace to all...
Let us love
one another!"

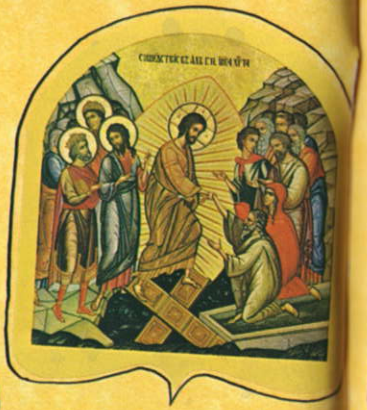
We must love
one another
before we can
receive God's gifts.

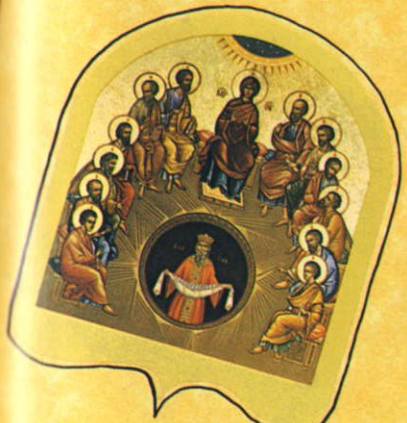


We sing out loud
what we believe.

"I believe..."



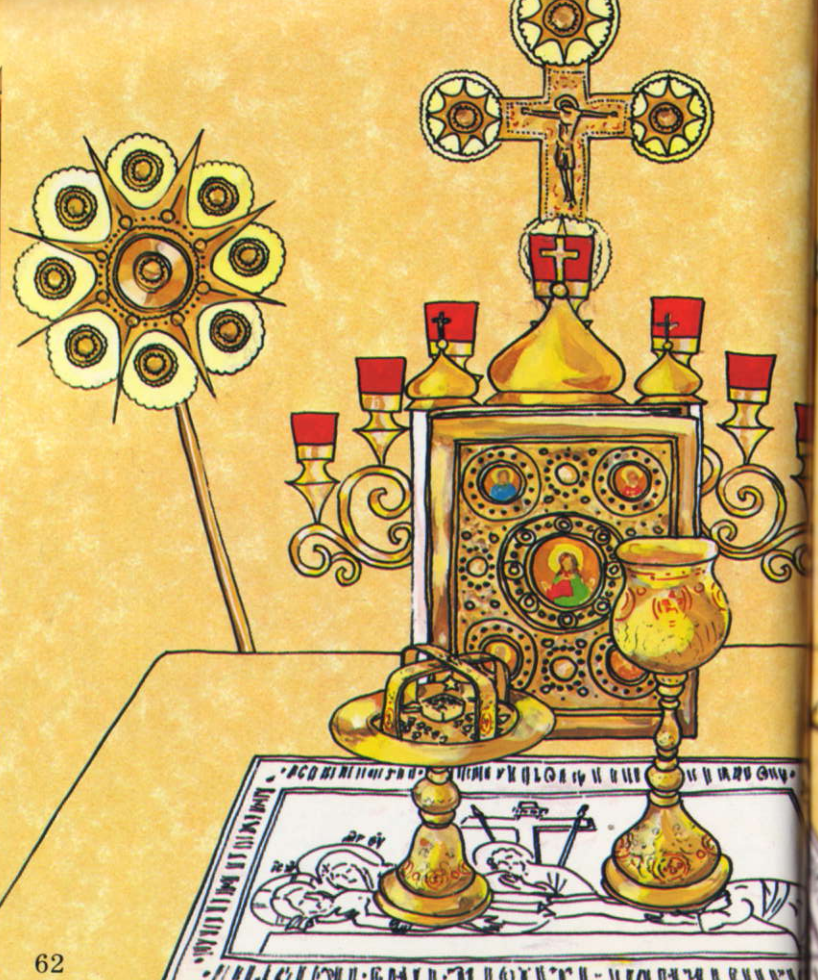




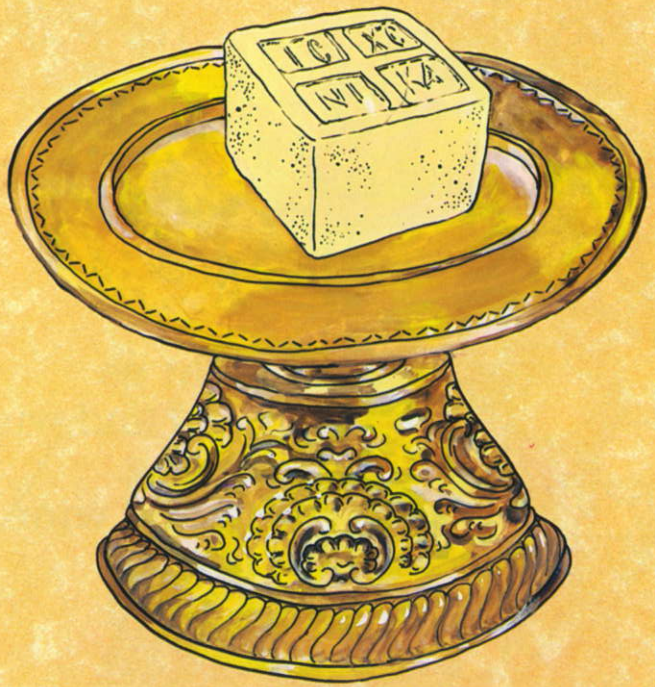
We are preparing
to offer the gifts
of bread and wine
to God.
Father invites us
to lift up our hearts
in praise to God.

We join with all the angels,
thousands and thousands of them,
to sing this beautiful song–

"Holy! Holy! Holy!
Lord of Sabaoth!
Heaven and earth
are full of your glory!
Hosanna in the highest!
Blessed is He Who comes
in the Name of the Lord!
Hosanna in the highest!"

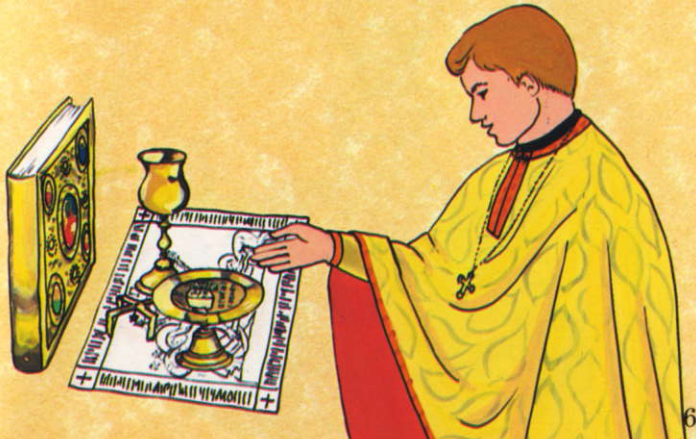


Jesus taught us
to use bread and wine
in our offering.
The bread and wine
become the
body and blood
of Jesus.



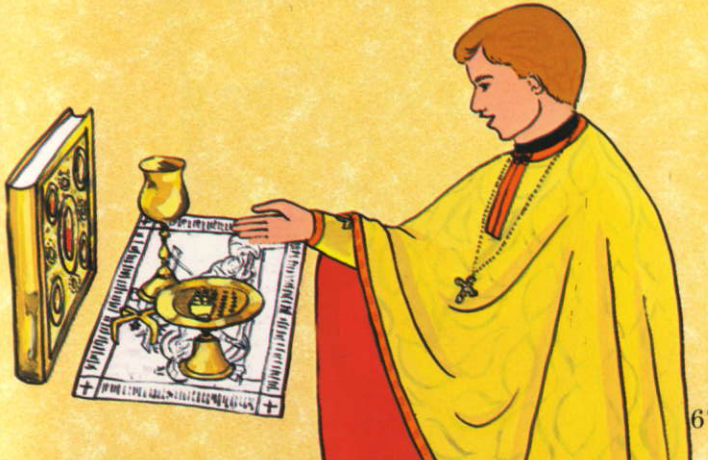
At the Last Supper
Jesus took bread, broke it,
gave it to His friends
and said,

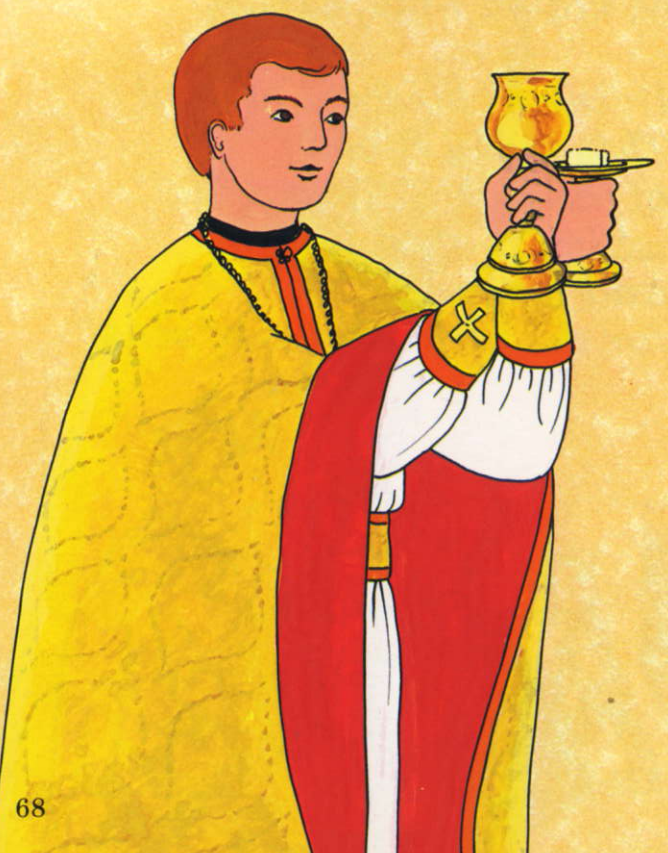
"Take! Eat! This is My Body
which is broken for you
for the forgiveness of sins!"



Then He took
the cup of wine, saying,

"Drink of this, all of you!
This is My Blood
of the New Testament,
which is shed for you
and for many,
for the forgiveness of sins!"





Father offers the Gifts to God.

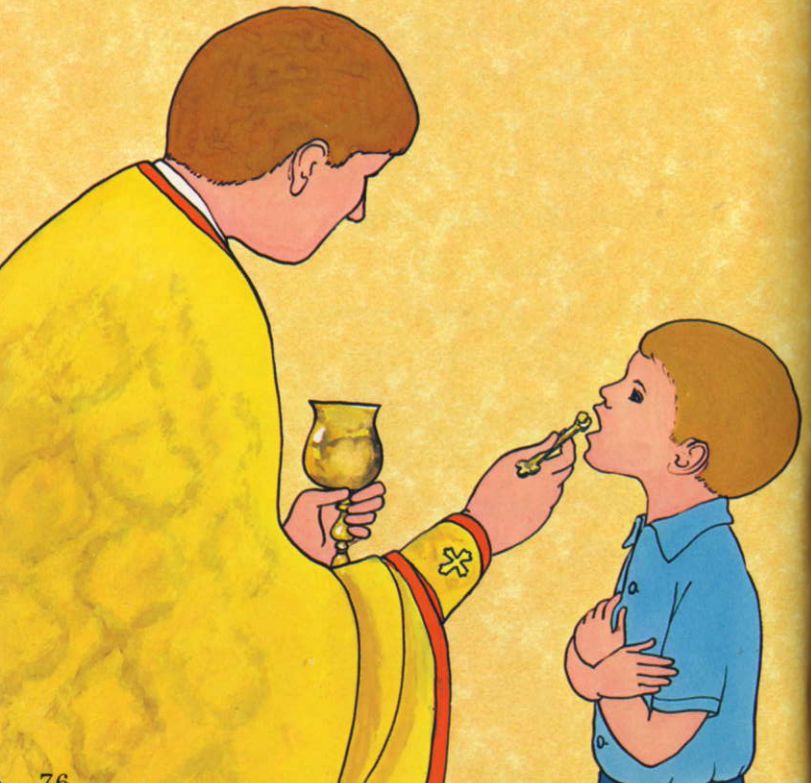
Father prays that God
send His Holy Spirit
upon the Gifts,

so that they become
the body and blood
of Jesus.

Father remembers
all the saints
and especially
the Mother of God.

We join with everyone in church
and with all the saints
to stand before God
and call Him "Our Father."

Our Father
Who art in heaven,
hallowed be Thy name;
Thy kingdom come,
Thy will be done on earth
as it is in heaven.
Give us this day
our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

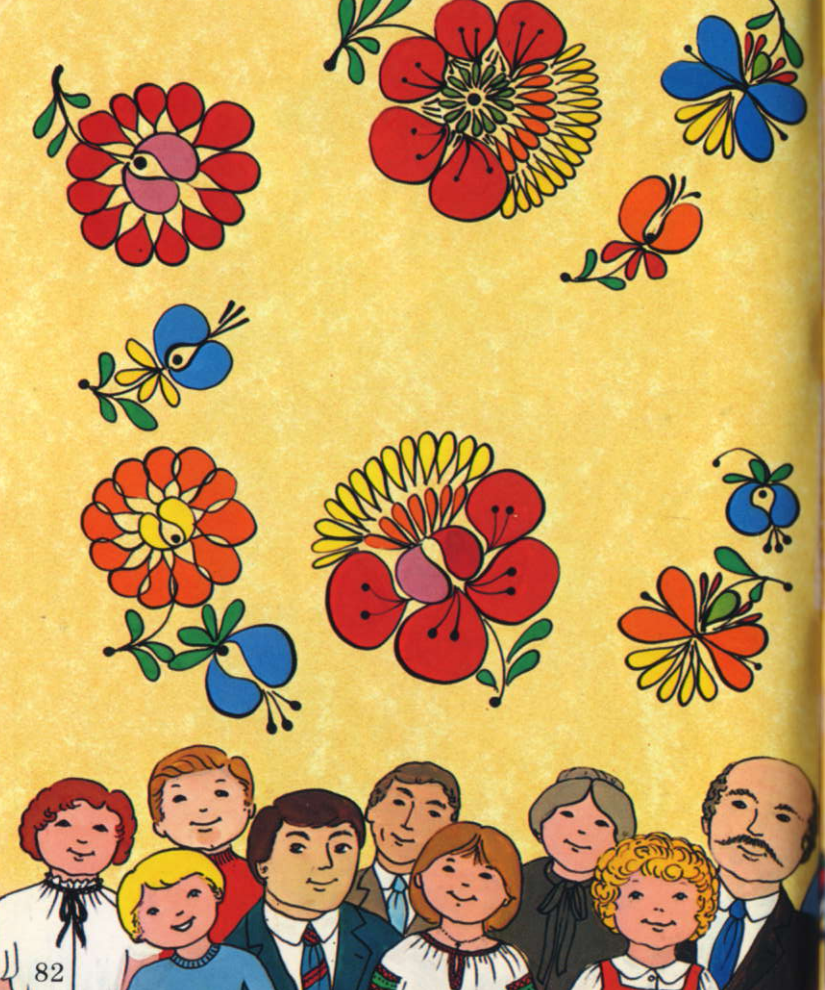


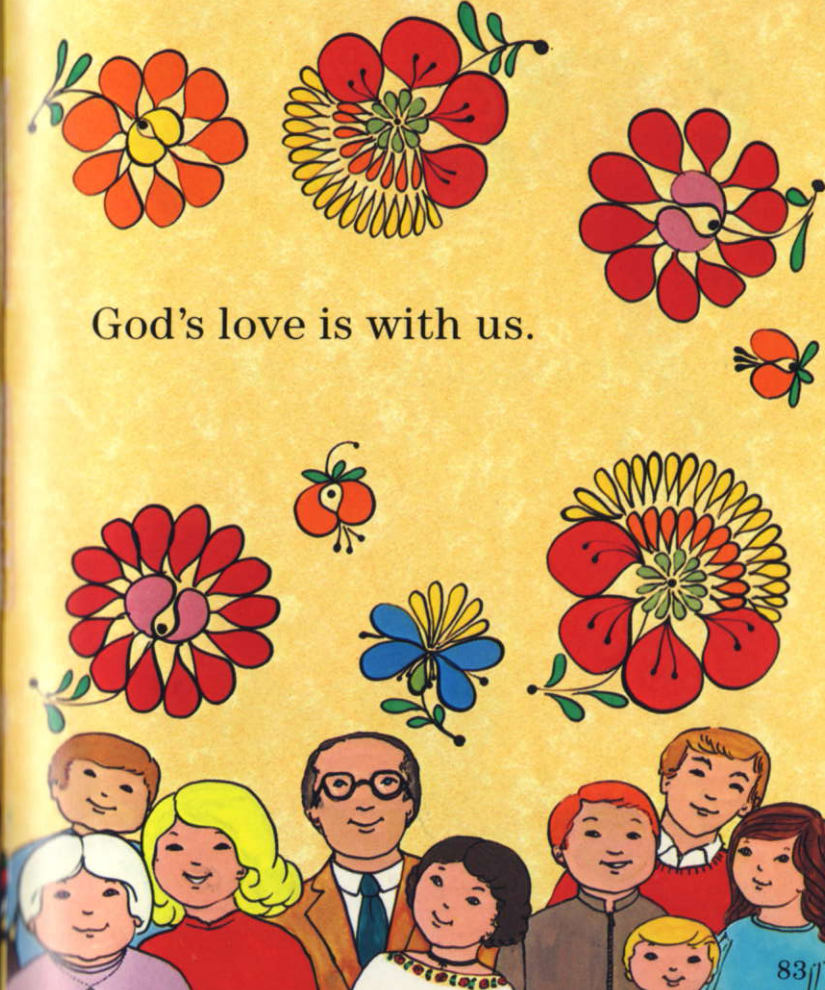
We receive God's Gift to us–
Holy Communion.
God comes to be
part of our lives
in a special way.

"The servant of God (your name) receives the precious body and blood of our Lord and Saviour Jesus Christ for the forgiveness of sins and life everlasting."

We have received Jesus
in Holy Communion.
His Kingdom now lives
in us.

We leave the church
with our family
and friends.





God's love is with us.

Sunday—what a special day!

God made this world
beautiful and good.
Everything and everyone
is filled with the
goodness of God.

One way of remembering
and celebrating
the goodness of God
is by blessing
the gifts of God.

Christ is risen!

Indeed He is risen!

Christ is born!

Glorify Him!

Glory to Jesus Christ!

During ordinary time

Glory forever!

Sign of the Cross

In the name
of the Father
and of the Son
and of the
Holy Spirit.
Amen.

The Glory

Glory to the
Father and
to the Son
and to the
Holy Spirit…
Amen.

Holy Spirit

Heavenly King, comforter,
spirit of truth,
who are everywhere present
and fill all things,
treasury of blessings
and giver of life;
come and dwell within us,
cleanse us of all stain,
and save our souls,
O gracious Lord.

Our Father

Our Father
Who art in heaven
hallowed be thy name;
Thy kingdom come,
Thy will be done on earth
as it is in heaven.

Give us this day
our daily bread;
and forgive us our trespasses
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.

Prayer to the Mother of God

Hail, Mother of God,
Virgin Mary, full of grace.
The Lord is with you.
Blessed are you among women,
and blessed is the fruit of
your womb. For you have
borne Christ, the Saviour
and Deliverer of our souls.

Holy Guardian Angel

God gives each of us
a guardian angel
to watch over us.
We have a special prayer
to our guardian angel.

My guardian angel,
watch over me.
Help me during the day
and during the night.
Pray to the Lord for me.
Amen.

Praying can help us to prepare for Easter.

St. Ephraim's Prayer

O Lord, help me not to want
to have my own way
all the time.
(deep bow)

Help me to love others.
(deep bow)

Keep me from being jealous,
and help me to know
when I am wrong.
(deep bow)

Before Meals

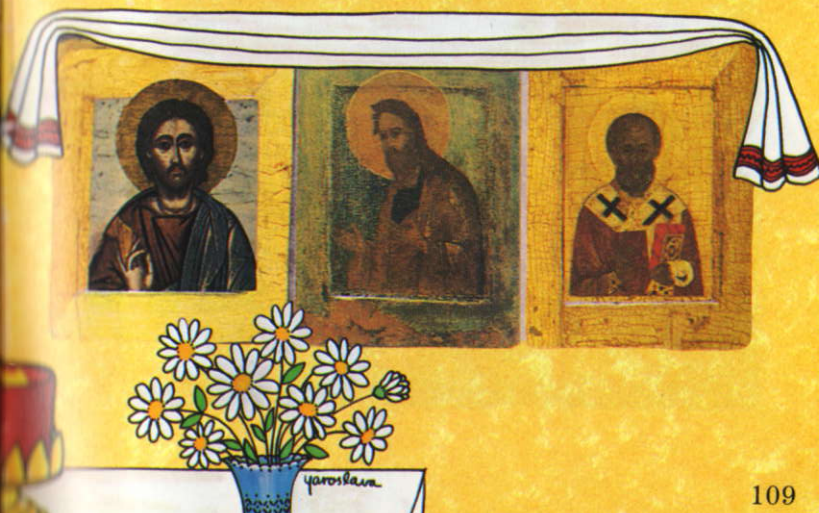
O Christ God,
bless the food and drink
of your people,
for you are holy
and love all of us.
Amen.

After Meals

We thank you,
Christ our God,
for the good food
and everything
you have given us.
Let us remember
that you are
always with us.
Amen.

During the Church Year
we celebrate holy days.
These celebrations
remind us of the New Life
that Jesus gives us.

We also remember Mary,
the Mother of God,
and the saints
who love God dearly.



The Birth of Mary. Her Entrance Into the Temple

Joachim and Anna
were blessed
with a child, Mary.
When Mary was a young girl,
her parents brought her
to the temple
so that she could serve God
in a special way.

Christmas–
the Birth of Jesus

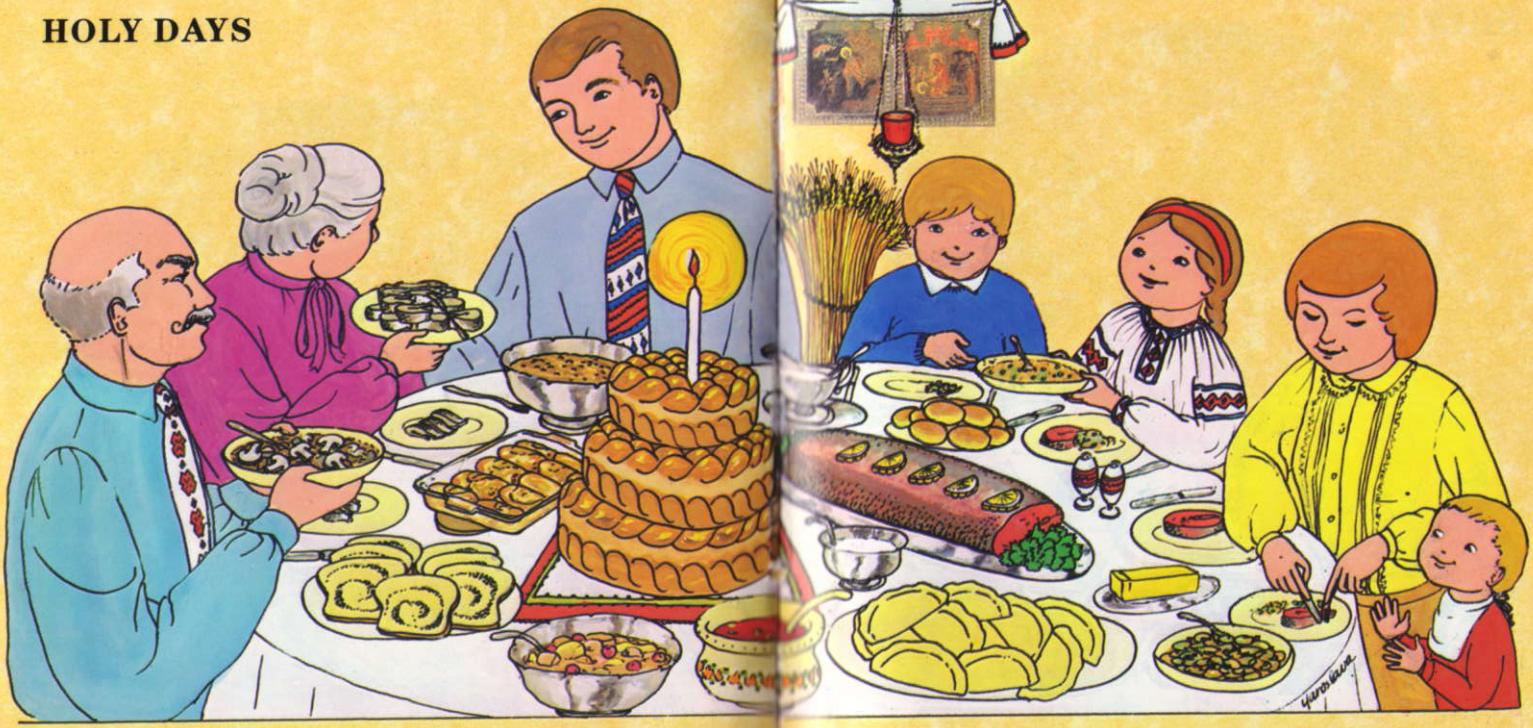
Christ is born!

Glorify Him!

God loves all of us.
He gave us a beautiful gift,
Jesus.

Christ is born; give Him glory.
Christ has come down from
heaven; receive Him.
Christ is now on earth;
praise Him.

Nativity Canon



On Christmas Eve,

the family shares a holy supper.

On this day we receive water which has been blessed. We drink this holy water and bless our homes with it.

The Theophany—the Baptism of Jesus

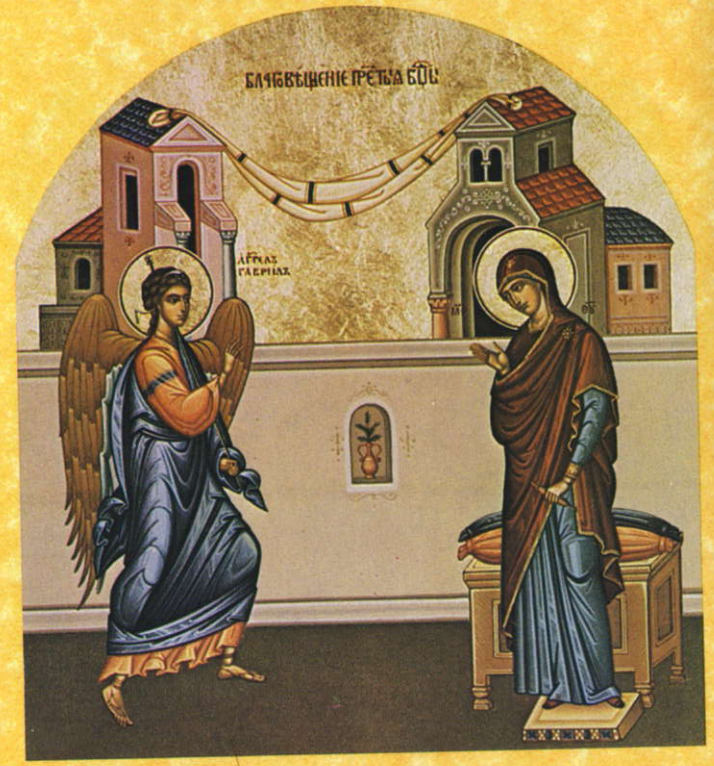
Jesus was baptized by John the Baptist in the River Jordan. The Holy Spirit, in the form of a dove appeared over Jesus and the voice of God the Father announced:
"This is my beloved Son!"

"All who have been baptized into Christ have put on Christ!"

We bless candles in church.
The new life of Jesus shines
in everybody and in everything.

The Meeting of Our Lord in the Temple

Forty days after
the birth of Jesus,
Mary and Joseph brought Him
to the temple.
Simeon and Anna,
two holy people,
met Jesus and
recognized Him
as the Saviour.

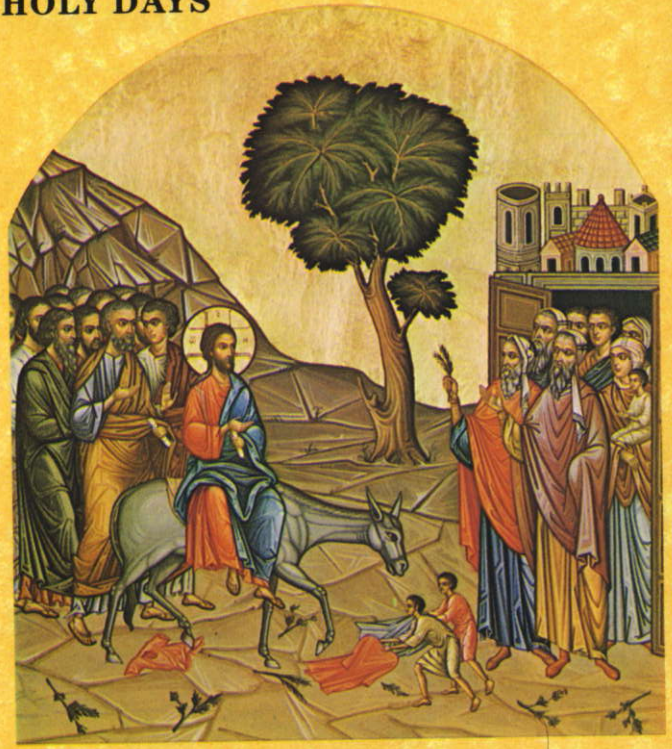


The Annunciation of the Virgin Mary

The Archangel Gabriel asked
Mary to be the Mother of Jesus.
We are happy because
Mary answered *"yes"* to God.
Each day we say,
with the Archangel Gabriel,
"Hail, Mother of God,
Virgin Mary, full of grace..."

Great Lent

Spring is a time of
preparation for summer.
Everything is getting ready
to come to life.
Great Lent is also
a time of preparation.
We prepare for Easter.
During this time we try harder
to come closer to God.
We pray more.
We help each other more.
We give up some of the things
we really like.
We want to be ready to
celebrate Easter joyfully!

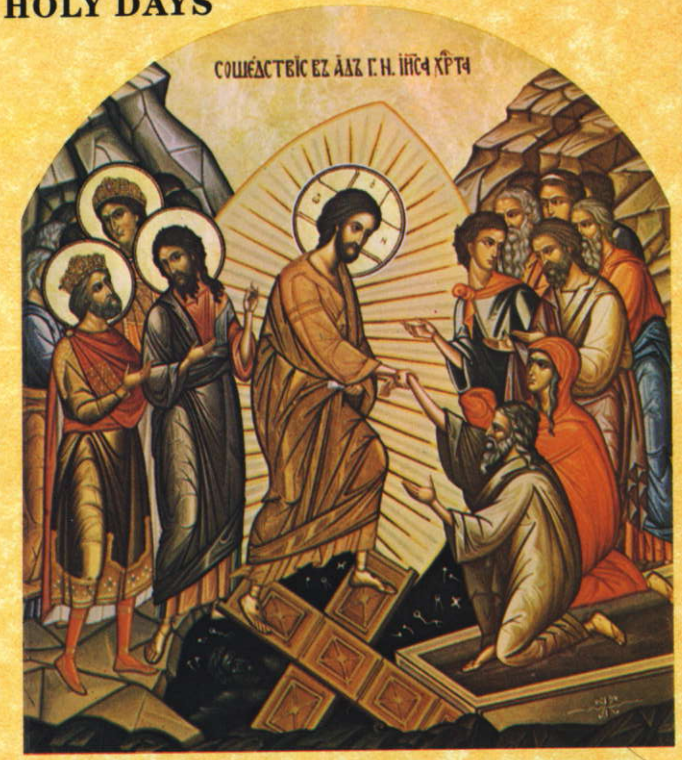


Today we bless and receive pussywillows. We praise Jesus and welcome Him as our King.

Jesus Enters Into Jerusalem –Palm Sunday–

The people cheered
and greeted Jesus,

"Hosanna!
The King is coming!"



We bless baskets of food which we share at our family breakfast.

The Greatest Holy Day– Easter

Christ is risen!
Indeed He is risen!

Christ is risen
from the dead,
conquering death by death;
and to those in the tombs
He granted life!

Jesus gives us new life!
This is the good news!

The Ascension–
Jesus Returns
to God the Father

Jesus took His friends
to the Mount of Olives.
As He blessed them,
He was taken up to heaven.
Jesus went to His Father
to prepare a place
for each of us
in heaven.

Today we kneel in church.
We ask the Holy Spirit to fill
our hearts with joy and love.

Pentecost– the Birthday of the Church

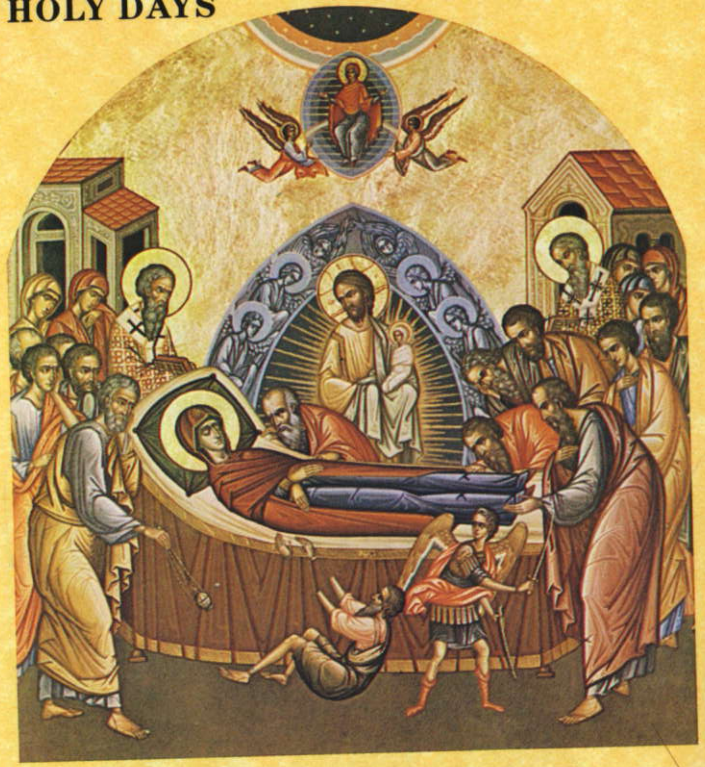
The friends of
Jesus and Mother Mary
received a wonderful
gift from God–
the Holy Spirit.
They were so filled
with the new life
of Jesus
that they shared it
with everyone
they met.

On this day we bless fruit in church. We celebrate the goodness of God.

Transfiguration– "Jesus is God"

Jesus took Peter, James
and John up to Mount Tabor.
His face shone like the sun,
and His clothes were
bright as light.
Moses and Elijah appeared.
God the Father said,

"This is my beloved Son!"



Today we bring flowers
to Mary, and Father blesses
them.

Dormition

When Mary's life ended,
she was taken to a new life
in heaven.
Mary always cares for us
and continues to love us.

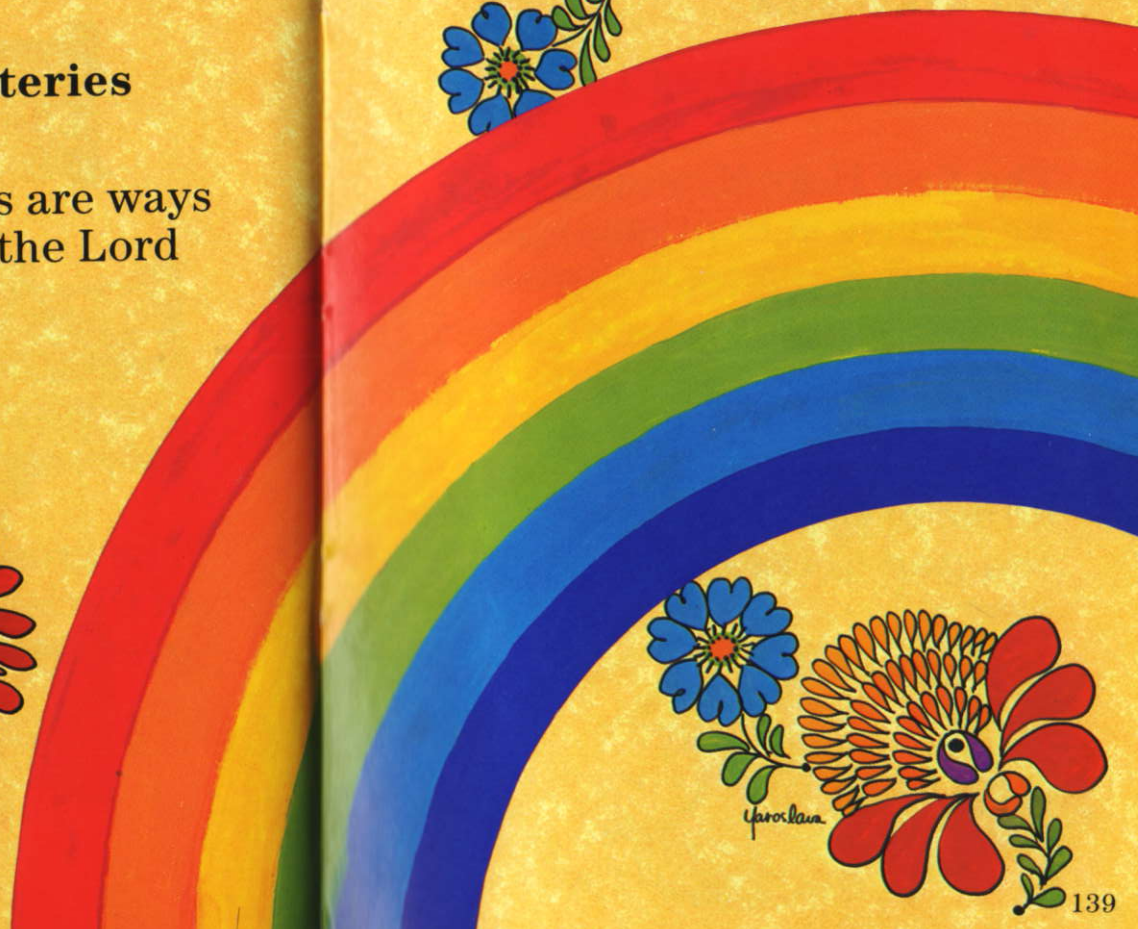
The Exaltation of the Holy Cross

"We bow in worship to your holy cross, O Master; and we glorify your holy resurrection!"

The cross is a sign of Christ's victory over death.

The Holy Mysteries

The holy mysteries are ways in which we meet the Lord and share His life.



Baptism

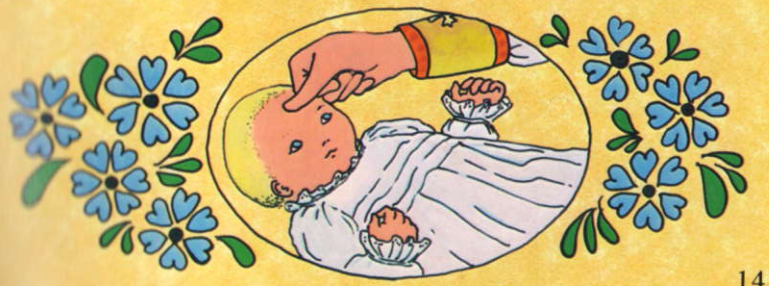
The first Holy Mystery
we receive is Baptism.
Through Baptism we become
God's children.

"The servant of God, (your name), is baptized in the name of the Father and of the Son and of the Holy Spirit. Amen."

Chrismation

Right after a child
is baptized,
he or she receives Chrismation.
Father anoints the child
and says,

"The seal of the gift of the Holy Spirit. Amen."



Reconciliation

When we want to tell God in a special way that we are sorry for what we have done or said, we come to the holy mystery of Reconciliation (Confession). We hear Father say the beautiful words, "*Your sins are forgiven.*"

The Holy Eucharist

The Holy Eucharist is the body and blood of Jesus Christ.

Marriage

When two people wish
to share their lives
together in love,
they come to church
to receive a blessing.
Father crowns
the bride and the groom,
"O Lord, crown them with glory and with honour."
They are now husband and wife
forever.

Holy Orders

This mystery is called
"laying on of hands."
A man receives a gift
of the Holy Spirit
to serve God
in the Church.

AXIOS

A **deacon** is a helper.
He helps in church services
and takes care of people in need.

AXIOS

A **priest** takes care of the people
who make up his parish.
He prays for them and leads
them to God.

AXIOS

A **bishop** looks after all
the faithful in his eparchy (territory).
He is the main priest.

Holy Oil

This is the holy mystery
of healing.
The Church prays that
the sick person be healed
by the power of Jesus.

Amen.